

Audio Session 1 Listening Guide

Play is a child's easiest, most natural way to _____

We can learn to connect with and communicate to children through _____

What language do you usually speak to your child (circle one)? Verbal skills or play
Why is play important?

- It's the one activity children have in common across all _____
- It is _____ and _____ to children
- It helps children make sense of their _____ and _____
- It helps their _____, _____, _____, and _____ development
- It is both _____ and _____

Child-driven play reveals:

- A child's _____, _____, and _____ about those experiences
- A child's _____, _____, or _____
- A child's _____ of him/herself

The first step to a happier home is paying attention to your _____

Key: communicate, play, safe, comfortable, feelings, life experiences, physical, social, emotional, neurological, healing, preventative, experiences, thoughts, feelings, hopes, wants, needs, view, emotional temperature