

Week 1 Journal

1. What is the current emotional temperature in your home on the average day? What causes it to go up and down?
2. Did you have the opportunity to engage in child-driven play as a child? Why or why not?
3. Who played with you when you were a child?
4. How do you think your experiences playing as a child- or not having the opportunity to play- may impact the playtimes you will learn to have with your child in PlayWorks?